

Grades 7-12

We then studied **Galatians 5:22-23** to see what else we should do or, more accurately, what we should have in our every day lives. We talked about the **Fruit of the Spirit**, the fruit that we should bear as Christians in a saving relationship with Jesus. We looked closer at each one and discussed in detail what each means in our every day lives.

Fruit of the Spirit: love, joy, peace, forbearance (patience), kindness, goodness, faithfulness, gentleness and self-control.

We said that self-control is probably the most difficult and also the most important because without it, we cannot become more like God. Without Jesus, our flesh wants to be selfish, unkind, jealous, angry, etc. and just because you accept Jesus into your heart does not mean that those humanly instincts and desires just go away.

We will still be tempted to act in an ungodly way no matter how hard we try to be more like God. As a matter of fact, the more Christ-like you become, the harder Satan will work to tempt you away from God. Self-control to resist Satan's temptation is more than we can handle on our own and it can only be accomplished with the help of the Holy Spirit.

Again, Jesus shows us by His example that it is possible for us to resist any temptation by leaning on the Holy Spirit for help just as He resisted Satan's temptations.

Everyone agreed that one of the first things they noticed when they came into the classroom was the giant plate of fresh fruit on the table. We also agreed how great it would be to have some of the fruit.

We learned that is exactly how it is when you live with the Fruit of the Spirit in your life. People begin to notice something different about you and see how good it is and they want to have the same in their life.

So, when you wonder about your purpose, think about becoming more Christ-like to not only experience all of the Fruit of the Spirit in your own life but to also show others by your example how good it is to be in a saving relationship with Jesus so that ultimately, all can be saved.

Join us next time for some more about our 'Purpose'.

Upcoming Events

THIS FRIDAY July 31:

1 Youth Pizza and a Movie night featuring the movie "Moms night out".

See Trailer --->

At LWA 1 Youth room from 7:00pm to 10:00pm. Cost is FREE!

Join us for fun, food & fellowship along with a hilarious family comedy.



Saturday August 29:

Mark your calendars now for the most fun you will have all summer.

See Promo --->

Join us and a few hundred of your closest Jr. High and High School friends in pledging to stay sexually pure until marriage, tackling the most outrageous obstacle course known to man and staying for the amazing after party with inspirational messages plus live performances by **'7th Day Slumber'** and **'Fireflight'** all combined to make it the best night ever!



This event will take place at our Mesa campus located at Brown & Val Vista in Mesa. Registration will be available at LWA each Sunday.

Adults: If you would like to volunteer to help at this event, please sign-up at the registration table at LWA on Sunday.

FX15-BeU Youth Conference!

Mark your calendars now for the biggest most exciting Youth Conference ever!

**November 12th through November 14th
at Living Word in Mesa**

Lots of fun activities for Junior High and High School students with amazing guest speakers and performers each day. Invite all of your friends!

More details to come...Mark your calendars now!

Check out our [Facebook Page](#) For more information!

Bible verses referenced in this lesson: Genesis 1:27, Ephesians 4:22-24, Exodus 20:3-17, Galatians 5:22-23, 1 John 4:8, Proverbs 14:29, Ephesians 2:8

Let us know if you have any questions.

Have a blessed Week,

Chris & Michelle Miller
1 Youth Ministry

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