

people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Foster Care Gifts

Don't forget to bring in gifts of personal care items for the hundreds of teens who will be without a home this Christmas.

Don't forget:

Our Youth Life Skills class with Tom is every Wednesday night at 7pm for all Youth grades 7-12.

Youth Band

Youth Band will be rehearsing in the sanctuary this Sunday, September 28th, from 12:45 to 1:45.

Please know and be ready to play/sing "God's Not Dead" and "Light Up The Sky".

Well, instead of giving into her stress and choosing to run away and hide, Mary chose to surrender her stress and her life to God's will even though she didn't really quite understand it.

Later on in **verse 46**, when Mary was visiting with Elizabeth, we see that Mary was totally at peace with what God had planned for her life and she was no longer stressed about it. Mary showed us, when faced with unimaginable stress, when you surrender your stress to God He will bring you His peace in your heart.

We closed this lesson by each of us writing down our current main source of stress on a card. We then turned the card over and finished the sentence "Surrendering this stress to God means..." with real, practical and doable ways we could give this stress up to God and what it would actually look like in our life.

Our challenge is to keep the card with us where we can see it every day so that we can be reminded exactly what it will take for us to follow Mary's lead and surrender what is causing us stress to God so we may have peace in our life.

We noted that even just the act of writing the card and making the choice to ask God to help us through whatever is causing us stress immediately begins to bring peace to our heart.

Don't miss our last lesson in the series "**Jesus and Stress**" this Sunday at 9:15 or 11:00.

Upcoming Events

Friday, October 3rd - Teen Pizza & Movie Night! Join us at LWA from 6:30pm to 9:30pm for good food, good friends and a great, fun movie ([The Princess Bride](#)).



October 25 - LWA Harvest Night - We need volunteers to help man our Youth Booth selling items as well as running our "Dunk Tank". We also need plenty of help setting up. Specific times will be announced and a sign-up sheet will be available in the Youth room soon.

Winter Jam dates have been announced!!! We will be going on November 7th to the Glendale, Jobing.com arena to see 10 bands for 10 bucks! You don't want to miss this event!

Please let us know if you plan to attend and also let us know the earliest possible time that you could meet us at LWA. (It's a Friday)

[Check out the promo video here.](#)

Bible verses referenced in this week's lesson: Luke 1:26-48

Let us know if you have any questions.

Have a blessed week,

Chris & Michelle Miller
1 Youth Ministry

[Forward to a friend](#)



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