

1 Youth Ministry

Grades 7-12



Contact Us

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Bible Verse

Matthew 22:37-40

37 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.' 40 All the Law and the Prophets hang on these two commandments."

Foster Care Gifts

Don't forget to bring in gifts of **personal care items** for the hundreds of teens who will be without

Living Word Ahwatukee 1 Youth Update for the week of 9/28/14

Hello Chris

We reviewed the first 3 lessons in our Jesus and Stress series. We were reminded that God is greater than anything we may face in this world and He will always care for us and provide for our needs. We were also reminded that when we obsess over the demands and responsibilities of our day to day lives and focus on our problems, we worry and feel stressed out. But, when we stay focused on Jesus and His teachings, we are lead to true peace. Lastly, we were reminded that when, instead of giving into our fear and stress, we make a choice to surrender to God's will and accept whatever his plan is for us, even though we may not understand it, we have true peace in our heart.

We started this week discussing all of the different products that people use to relieve their stress. We found that Americans spend more than **\$11 BILLION** per YEAR on products and services to relieve stress. We said that the one thing all these things have in common is that they are only temporary and can be taken away. None of these things can provide lasting peace and comfort. We learned that the Holy Spirit is the constant answer to our stress and He will bring us peace and comfort that is real and is ever lasting.

We studied in **John 14:23-27**, where Jesus is telling his Disciples, that while he would not be with them on Earth for much longer, the Father will send the Holy Spirit to live in them to help them. The Holy Spirit will bring them peace and comfort through the knowledge and presence of God. He will provide guidance through difficult times and will help them remember all that Jesus taught them.

We said that the peace that Jesus is talking about doesn't mean no noise, trouble or hard work. It means to be in the midst of all those things yet still be calm in your heart.

Through our faith and acceptance of Jesus Christ as our Lord and Savior, we also have the Holy Spirit living in us today. The Holy Spirit brings us true, permanent peace and comfort in our hearts regardless of what is going on in our lives.

Jesus tells us to not be intimidated by situations that may arise but instead seek peace and comfort through the Holy Spirit who is available to guide us through any situation we may face with the power of God living in us.

a home this Christmas.

Teenagers in the foster care system often go unnoticed. Let's let them know that somebody really does care about them this Christmas and give them each a little something that they really need.

Don't forget:

Our Youth Life Skills class with Tom is every Wednesday night at 7pm for all Youth grades 7-12.

Don't miss these great lessons that you can immediately apply to your own every day life.

Youth Band

Youth Band had an awesome rehearsal this past Sunday. Everyone sounded really great!

Please work on your songs on your own and watch for the next group rehearsal announcement.

We all took turns reading and discussing various Bible verses having to do with the Holy Spirit, learning more about who He is and what He does. We then took a few moments for silent meditation and prayer, applying the tools that we have learned over the course of this series to something specific that is currently causing us to be stressed.

Afterward, we noticed how making the conscious choice to give our stress to God and to let the Holy Spirit guide us and comfort us immediately begins to bring us true peace and comfort in our heart.

We ended the way that we started, with math. The first week we said that 'God > Stress'. This week we added 'No Worry + Prayer=True Peace' which means, no matter what the situation is, don't be anxious or worry about it. Then, with a thankful heart, pray to God for the help and comfort that you need. And you will have true peace in your heart.

Our world can be very stressful at times but life has really always been stressful which is why Jesus has provided the tools for us to handle our stress and to have true peace in our hearts so that our worry and fear do not distract us from the amazing life that God has planned for us.

If you missed any lessons in the "**Jesus and Stress**" series or if you would just like a review then don't miss this Sunday at 9:15 or 11:00 for a review of the whole series.

Upcoming Events

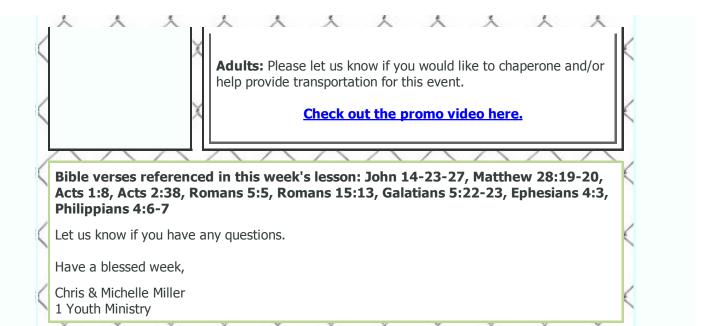
THIS FRIDAY! October 3rd Teen Pizza & Movie Night!
Join us at LWA from 6:30pm to
9:30pm for good food, good friends
and a great, fun movie
(The Princess Bride).



October 25 - LWA Harvest Night - We need volunteers to help man our Youth Booth selling items as well as running our "Dunk Tank". We also need plenty of help setting up. Specific times will be announced and a sign-up sheet will be available in the Youth room soon.

November 7th - **Winter Jam!!!** We will be going on Friday, November 7th to the Glendale, Jobing.com arena to see 10 bands for 10 bucks! You don't want to miss this event!

So far it seems that <u>leaving from LWA by 4:30</u> may work. Let us know if you can make it. Cost is \$10 cash to get in plus whatever you want for food, drinks and souvenirs.



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