



Lesson:

We continued our “Fearless” series after we reviewed last week’s lesson about listening to what God says instead of what people say and believing God instead of just believing IN God.

This week we discussed our key verse “For God has not given us a spirit of fear...” and noted that psychologists say we are only born with two “fears” which are the fear of falling and the fear of loud noises yet there are literally thousands of documented fears that people suffer from. We said that while God did not give us a spirit of fear, we have done quite a good job learning to be afraid of lots of things. We also said that since all of our fears have been learned, that means that virtually everything that causes us fear in our lives can also be “UN-learned”.

We talked about a man in the Bible that most people have never heard of. His name was Benaiah. Benaiah was a valiant fighter who became the head of King David’s personal protection team because of his trustworthiness and fearlessness. We discussed a time when he went out into a snowstorm and tracked a dangerous lion down into a pit and killed him. We said that was not what a “normal” person would do.

We discussed how “normal” people don’t face their fears, they don’t live fearlessly in faith, they don’t inspire others to do great things or become great leaders and they don’t “chase lions” on snowy days. We said that we all have our own lions in our lives, someone or something that is creating a problem, causing us to miss out on God’s goodness or causing us to be afraid. Your lion could be being afraid of what others may say about you or being afraid to let somebody down or maybe just stepping out of your “comfort zone” to do something extra-ordinary that God asks of you.

We said to become a fearless lion chaser you need to believe that the bigger part God is in your life, the smaller the lion becomes. We said that most people focus too much on their lion and not enough on God but when we put our focus on God, we know how much bigger and stronger he is than any lion in our life. With God by your side, no tiny little lion can ever stand against you.

We talked about how God did not create us to be “normal” or “ordinary”, he created each of us to be extra-ordinary. Ordinary people are everywhere but God has given each of us the ability to be great and to do great things. A lion in your life can be anything that keeps you from doing what God has asked of you. Keeping God as a bigger part of your life makes any challenges, fears and troubles in your life smaller so that you can be the extra-ordinary person that God has created you to be.

Next week we continue our “Fearless” series and will talk about a young boy in the Bible who practically everyone has heard of, even if they’ve never read the Bible, as we learn how a strong faith in God can easily conquer even your giant fears.

Bible Verse: 2 Timothy 1:7

7 “For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (memory verse for the series)

Bible Verse: 2 Samuel 23:20-21

20 Benaiah son of Jehoiada, a valiant fighter from Kabzeel, performed great exploits. He struck down Moab’s two mightiest warriors. He also went down into a pit on a snowy day and killed a lion. 21 And he struck down a huge Egyptian. Although the Egyptian had a spear in his hand, Benaiah went against him with a club. He snatched the spear from the Egyptian’s hand and killed him with his own spear.