

7pm for all Youth grades 7-12.

Quote of the week

"We should not allow our situation to interpret the Word of God, but rather let the Word of God interpret our situation."
-Terry Lawson

pointless. Worrying about not having food will not get them food and in fact only makes things worse by creating stress.

Jesus uses a similar analogy regarding worrying about what they will wear in **verses 27 & 28** but adds the reason for them being worried at the end of **verse 28** when he says "you of little faith". Jesus points to their lack of faith that God will care for them as the reason for their worry. If they had faith that God would take care of their needs, they would not worry about where they would sleep.

Jesus then goes into what we should do about worry and stress in **verses 29-31**. He tells his Disciples "do not set your heart" or do not focus on not having food or clothes but instead to seek the Kingdom of God or make God their focus and number one priority then all that they need will be given to them.

When we put our faith and focus on God instead of what worries us, we align ourselves with God's heart and God's plan and begin to understand that God really is greater than any of these things that cause us stress. Then we can turn our worry over to God so we can feel at peace knowing that He will always care for us.

Stress is a part of everyone's life but too much can distract us from living the amazing life that God intended for us. Once we understand and have faith that God will provide all that we need, we can begin to live in the peace God intended for us.

Don't miss next Sunday for our 2nd week in our series about **Jesus & Stress** to find out how to handle your stress.

Upcoming Events

Next Saturday, September 20th:

Join us for our monthly community service project helping to clean the kids rooms at Tempe Child Protective Services. We meet at LWA at 9:30am and return after lunch.



Next Sunday, September 21st - Help us clean up our own LWA Nursery immediately following 2nd service.

Zoo Walk for homeless families: We have had to **cancel** our participation in this walk due to lack of interest. However, if you would like to participate on your own, feel free to go to their website. We will look for other possible opportunities in the future.

UMOM New Day Centers Registration begins at **6:30am**, at the phoenix zoo and the walk begins at 7:30am on September 27th.



Winter Jam dates have been announced!!! We will be going on November 7th to the Glendale, Jobing.com arena to see 10 bands for 10 bucks! You don't want to miss this event!
[Check out the promo video here.](#)

Bible verses referenced in this week's lesson: Luke 12:22-31

Let us know if you have any questions.

Have a blessed week,
Chris & Michelle Miller
1 Youth Ministry

[Forward to a friend](#)



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