1 Youth Ministry

Grades 7-12



Contact Us

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Links
Email
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Previous Lessons

Bible Verse

Ephesians 4-29

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Community Service

The LWA Youth, along with several adult volunteers provide an ongoing monthly community service project with the Department of Child Services (DCS).

On the 3rd Saturday of each month we meet at 10:00am at the DCS offices located at 1201 South Alma School Road (on the SE corner of Alma School and Southern Ave.

Living Word Ahwatukee 1 Youth Update for the week of 10/23/15

Greetings!



This week we talked about what Jesus said about being angry. We started by discussing various things that make us angry and how we sometimes express our anger. We said that very often our anger is an internal attitude that we hold onto in our heart and it affects our own life as well as those around us.

To see what Jesus had to say about being angry, we looked mostly at **Matthew 5:21-24** where Jesus took

the 6th Commandment about not committing murder up a notch to say that we should not even be angry with each other. Jesus said that just wanting to cause somebody harm is just as bad as actually causing the harm.

We discussed why it would matter so much just being angry but not causing actual physical harm. We concluded that if you hold onto anger it can turn to bitterness and resentment. The longer you hold onto the anger the more bitter you become which leads to expressing external anger which can lead to actually harming somebody or even killing them.

We said that you can start to just walk around angry all the time and sometimes don't even remember why. We talked about people who lash out in anger just because the McDonald's wasn't serving chicken manuggets or the driver that trys to run you off the road (and possibly kill you) just because you're driving too slow.

Neither of these situations had anything to do with the immediate event. Sane people don't just explode in anger over such trivial things but they will if they have let their anger build up in their heart over a long period of time.

What Jesus is teaching is that if we don't hold onto anger and let it build into bitterness or resentment in our hearts, there is no way we can cause harm or kill one another.

We typically spend about an hour or so deaning the family visitation rooms and the toys that the children play with while they are there.

Please join us and be a part of this blessing we bring to these children, to their families and to the tireless workers at DCS.



Life Skills Class

Our Youth Life Skills dass with Tom is every Wednesday night at 7pm for all Youth grades 7-12.

Don't miss these great lessons that you can immediately apply to your own every day life. We then brought up the point that Jesus got angry a number of times. So, we first looked at the difference of what caused Jesus to be angry compared to what makes us angry. We noted that our anger was usually focused on ourselves and how we were affected while Jesus' anger was always focused on God and how others were affected.

We also tend to get angry at people while Jesus got angry not at the people but at what the people were doing.

Jesus also stayed in control and did not let His emotions control Him. He never sinned in His anger and His anger usually resulted in a positive outcome.

Lastly, Jesus did not STAY angry and allow His anger to turn into bitterness in His heart. He got angry at the issue then let it go and moved on.

We said that anger is a very powerful emotion that Satan can actually use to cause us to sin and lead us away from God. The longer we hold onto anger in our heart, the easier it becomes to be controlled by our emotions and the more time we give to Satan to lead us astray.

We agreed that we're going to get angry because we're human and that's what we do. But, there are three big things we can do when we find ourselves getting angry to help us live a Christlike life.

- 1. Take a moment and think about whether this thing is really something that is worth being angry about. Will being angry help or hurt the situation? Holding on to anger never results in a positive outcome. Many times it's really not worth it and we can learn to "let it go" before we even get angry.
- **2.** Do not let the powerful emotion of anger control your actions. Do not allow your anger to cause you to sin. Try to keep your anger toward situations rather than people.
- **3.** Do not stay angry. If you do need to get angry, do so then let it go and move on. Don't give anger a chance to turn into bitterness and resentment in your heart.

Jesus felt it was so important to make things right with each other that He said, in **Matthew 5:23-24**, that we should even interrupt an act of worship to go make things right.

Whether you find yourself angry at somebody or somebody is angry with you it's important for YOU to do what you can to make things right as soon as possible.

Upcoming Events!

1 Youth Movie Night I'm Not Ashamed Friday, October 28th

Join us for our next movie night when we are going to go see this really great new movie about a young High School girl's real-life spiritual journey and all the lives she touches along the way. See God's love and grace in action.

Read a review of the movie here.

The true story from the personal journals of Rachel Joy Scott, the first student killed during the Columbine High School massacre in 1999. We will meet at LWA at 6:00 pm and leave together at 6:30 pm. The movie is PG-13 and the cost will be about \$10 for tickets (drinks/snacks extra).



Personal Care Items Drive:

1 Youth is again collecting "Personal Care I tems" for the teens in foster care. I tems for both male and female teens are being collected in the two bins just outside our youth room. These items will be sorted into personal bags and given to DCS to be distributed to teens who may not even have their own tooth brush or comb.

Whenever you're out shopping for your own personal care items such as soap, deodorant, tooth paste, feminine hygiene items or when you see the "travel size" shampoo, mouthwash, etc., pick up a few extra items and drop them in the bins.

Help share God's love by letting these teens know that somebody really does care about them.

Bible verses referenced in this lesson: Matthew 5:21-24, Matthew 23:25-26, Ephesians 4:26-27

Let us know if you have any questions.

Have a blessed Week,

Chris & Michelle Miller 1 Youth Ministry