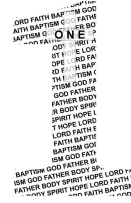


1 Youth Ministry

Grades 7-12



Contact Us

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Links

- [Email](#)
- [Website](#)
- [Facebook](#)
- [Instagram](#)
- [Previous Lessons](#)

Attention!

Attention all High School & College Age Students!

Trinity Zubeck is putting together a 'small group' for High School and College Age students. Contact Trinity for more information at trinityzubeck@gmail.com

Community Service

The LWA Youth, along with adult volunteers provide an ongoing monthly community service project with the Department of Child Services (DCS).

On the 3rd Saturday of each month we meet at 10:00am at the DCS offices located at 3925 East Broadway, Phoenix, AZ.

We typically spend about an hour or so cleaning the family visitation rooms and the toys that the children play with while they are

Living Word Ahwatukee 1 Youth Update

Greetings!

At this time, we are pausing all mid-week services, including Wed night Youth, through the month of April.

Sunday Youth Services will continue to be combined with the main service and DCS community service will be paused as well. A **Live Stream** will be available for Sunday services.

We will continue to keep you updated as things change.

Please **see more details here** about all LWA services.

As always, continue to **be the light that shines in the darkness**. Stay safe, be blessed, we'll see you all soon.

We love & pray for you all,
Chris & Michelle

Sunday Youth Lesson Summary

While we are paused, we will periodically provide summaries of previous live Youth lessons. Summaries of previous lessons can also be found on **our website**.

Do Not Worry (3-22-20)

The definition of worry is to think about unpleasant things that **Might** happen in a way that makes you feel frightened. So worry is basically **Fear** of something that hasn't even happened yet.

Here is a great Mark Twain quote about worry: "I've had a lot of worries in my life, most of which never happened."

We've talked about how, if we let them, our emotions can actually control our thoughts and our actions with Fear being one of the stronger emotions we have. To let fear of something that hasn't even happened control our present thoughts and actions seems kind of crazy but we do it all the

there.

Please join us and be a part of this blessing we bring to these children, to their families and to the tireless workers at DCS.

Foster Care Teens Personal Care Items

1 Youth is continuing to collect "Personal Care Items" for the teens in foster care throughout the year. Items for both male and female teens are being collected in the bin just outside our youth room. These items will be sorted into personal bags and given to DCS to be distributed to teens who may not even have their own tooth brush or comb.

Whenever you're out shopping for your own personal care items such as soap, deodorant, tooth paste, feminine hygiene items or when you see the "travel size" shampoo, mouthwash, etc., pick up a few extra items and drop them in the bin.

Help share God's love by letting these teens know that somebody really does care about them.

Bible verse of the month

Proverbs 12:25

25 Anxiety weighs down the heart, but a kind word cheers it up.

time when we worry.

Do not fear, do not worry, do not be anxious, are all mentioned throughout the Bible. Jesus even devotes a whole section of His first major sermon telling us not to worry in **Matthew 6:25-34**.

We know what worry/fear can do to us emotionally and even physically but why is it so important to God that we don't worry? Because it **also affects us Spiritually**.

Numerous times we see Jesus associate worry/fear with having "little faith" but what does He mean by that? He shows us by His example in **Matthew 8** while His Disciples are all "Terrified" they will die from the storm, Jesus is actually sleeping. His faith that God will safely get them to the other side without harm brings Him so much peace that He is able to sleep without any worry about it. When they finally wake Him, His reply to them is "You of little faith, why are you so afraid?" Our faith helps keep us from worry/fear.

But why is it so important to God that we avoid worry/fear?

In a nut shell, Worry/Fear distracts us from God and can even keep us from being who He created us to be. Now, Satan wants nothing more than to keep us distracted so that we never become who God created us to be so he does his best to cause us worry and fear.

We then looked at two other examples in the Bible with one showing what happens when we worry and the other what happens when we don't.

We looked at Peter in **Matthew 14**. Peter's strong faith is what allowed him to actually step out of the boat and walk toward Jesus on the water. But, then he becomes worried about the storm which takes his eyes off Jesus and he begins to sink. Of course Jesus immediately saves him but what He says to Peter is what's really important.

Jesus tells Peter, "Oh you of little faith, why did you doubt?" He asks Peter, "**Why did you doubt?**". Worry/Fear can cause us to doubt God. We see here that where there is worry/fear, faith can be driven away making room for doubt.

But, where faith is strong, fear has no place. As you grow in your faith, worry/fear will diminish but when you invite worry/fear to be a part of your life, your faith can slowly fade making room for doubt. We took a look at 1 Samuel 17 as a good example.

The Israelite army, led by King Saul, was a very powerful army winning many battles for the glory of God. But, when challenged by Goliath they suddenly all became worried and fearful which caused them to doubt and it stopped them in their tracks. "Saul and all the Israelites were dismayed and terrified". The Israelite's worry/fear was keeping them from continuing in God's purpose.

But David, a young shepherd boy, was so strong in his faith that he didn't let Goliath's threats or appearance worry him. He knew what God needed done and he had no doubt that God would do it through him while protecting him from the giant. Worry/fear had no place with David's strong faith.

So, how does this help us during this current crisis we find ourselves in? First of all, remember that we need to **use wisdom** in following the guidance of experts in the field to help keep us and our families healthy while showing concern (not worry) for a legitimately dangerous virus.

Second, we need to be like David and stay in faith, always keeping our focus on Jesus to guide us through whatever the world throws at us so that we can continue in what God needs us to do. We need the faith and focus on God that gave Jesus peace in the middle of the storm in order that we may have peace in whatever storm we are currently in.

We need to also stay aware that Satan will continue to do his best to bring us to worry/fear so we need to take control of our thoughts/emotions instead of letting them control us.

We need to continue to be the light shining in the darkness that brings others to Jesus.

What better way to do that than for the whole world to see Christians being Loving and Supportive while also being Calm and at Peace in times of "crisis" instead of being part of the mayhem and panic that comes from worry?

Psalms 91:10 (NKJV) No evil shall befall you, Nor shall any plague come near your dwelling;

Let us know if you have any questions.

Have a blessed day,

Chris & Michelle Miller
1 Youth Ministry