

# 1 Youth Ministry

Grades 7-12



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## Links

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## Bible Verse

### Isaiah 41:10-13

10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

11 "All who rage against you will surely be ashamed and disgraced; those who oppose you will be as nothing and perish.

12 Though you search for your enemies, you will not find them. Those who wage war against you will be as nothing at all.

13 For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you.

## Community Service

The LWA Youth, along with several adult volunteers provide an ongoing

## Living Word Ahwatukee 1 Youth Update for the week of 6/2/19



Greetings!

A couple of weeks ago, we discussed our Fear of Change. We said that everything is changing all the time and how we deal with change directly affects our quality of life.

We started by listing some of the major changes that teens go through and the fears that go with them. We said that because we fear change, we tend to settle into routines that we feel comfortable with and we try to avoid any changes. We referred to this as staying in our 'comfort zone' or 'in a box' where we feel we have control over our lives and protection from the changes around us.

We discussed what we are afraid when it comes to changes in our lives and found that we are mostly afraid of the unknown. How will this change affect me? What will happen to me? We also said we are afraid of failing. What if I can't do this? What if I'm not good enough? We are also generally afraid of things being out of our control.

All this fear tends to keep us in our safe, comfortable boxes where we feel in control and protected from any changes.

We talked about how staying in our boxes or comfort zones affects us. We said that we don't grow or move forward and we just stay stuck where we are. We don't live up to our potential. We don't live out God's purpose for us. We actually even end up putting limits on God's power in our lives and essentially **putting God in a box**.

We talked about how the enemy helps keep us in our box by validating our fear and convincing us that we're not good enough or we're better off staying where we are or the change is not worth it. He keeps us focused on what is not possible instead of what is possible with God. As long as we stay in our box he doesn't have to worry about us fulfilling God's purpose for our life.

Of course God doesn't want us to stay in our self-limiting

monthly community service project with the Department of Child Services (DCS).

On the 3rd Saturday of each month we meet at 10:00am at the DCS offices located at 3925 East Broadway, Phoenix, AZ.

We typically spend about an hour or so cleaning the family visitation rooms and the toys that the children play with while they are there.

Please join us and be a part of this blessing we bring to these children, to their families and to the tireless workers at DCS.

#### Foster Care Teens Personal Care Items

**1 Youth** is continuing to collect "Personal Care Items" for the teens in foster care throughout the year. Items for both male and female teens are being collected in the two bins just outside our youth room. These items will be sorted into personal bags and given to DCS to be distributed to teens who may not even have their own tooth brush or comb.

Whenever you're out shopping for your own personal care items such as soap, deodorant, tooth paste, feminine hygiene items or when you see the "travel size" shampoo, mouthwash, etc., pick up a few extra items and drop them in the bins.

Help share God's love by letting these teens know that somebody really does care about

box. He wants us out of our comfort zone to pursue His amazing plan for us and be extra-ordinary instead of ordinary. Since we have free will, He will never force us out of our box but He will certainly encourage us to leave it.

We discussed various people in the Bible, such as Jonah, Moses, Gideon, etc. who were content to stay in their comfort zone, living their ordinary lives, until God encouraged them to step out and do amazing things.

We talked about the fear and worry that the Disciples felt when Jesus called them to leave their comfort zone and follow Him.

We looked at some scripture where Jesus was calming His Disciple's fear and worry and found that the reason the Disciples and us worry and have fear is **lack of faith**.

Jesus taught that when we have true faith that God loves us and will always care for us and will always provide for our needs, we have no room for worry or fear. He also taught that worrying is pointless and a waste of time and can even make the situation worse.

When we focus on our troubles by worrying, we lose sight of God and we see only our troubles. Jesus kept His focus on God and was able to have true peace. We can have that same peace in our hearts no matter what changes come into our lives or what is going on around us by keeping our focus on Jesus and on God's promises.

We said that we don't need to be stressed by any situations we may face because the power of God is greater than anything we may face and we have that power of the Holy Spirit in us.

We said that as long as we don't get distracted by the world and we keep our focus on God, we don't have to fear any changes that come upon us. We can actually even look forward to the changes God has for us with excitement when we turn our worries and our fears over to God and be who God created us to be.

## Upcoming Youth Event

Vacation Bible School (VBS) is looking for youth volunteers to help with the kids in various areas throughout the day.

VBS is from 8:30am to Noon Monday, June 17th to Thursday June 20th.

Contact Isaac or Stephanie in the Children's Church to volunteer.

them.

Watch for other upcoming 1 Youth Events here!

**Bible verses referenced in this lesson: Luke 12:24-28, John 14:27**

Let us know if you have any questions.

Have a blessed Week,

Chris & Michelle Miller  
1 Youth Ministry